

Health Care Plan for Asthma Management

TO BE COMPLETED BY PARENT/GUARDIAN:

Student Name: _____ Student DOB: _____ Grade: _____

Student's Triggers of Asthma Episodes: (Check all that apply)

☐ Exercise ☐ Allergies
☐ Respiratory Infections ☐ Animals
☐ Change in Temperature ☐ Strong smells & chemicals
☐ Stress ☐ Smoke
☐ Other (Explain) _____

Scheduled Asthma Medication(s) for School

Name of medication: _____
 Time to use: _____ How Often: _____
 Other Directions: _____

Emergency Asthma Medication(s) for School

Name of medication: _____
 When to use: _____ How Often: _____
 Other Directions: _____

Physician Name: _____ Phone #: _____

Student may self carry and administer inhaler: ☐ Yes ☐ No

- I authorize this medication to be administered at school, potentially by non-medically trained staff.
- I will supply medication in its original, updated, properly labeled container.
- I will obtain a new physician's order and notify the school in writing for any changes.
- I authorize school personnel to exchange information with my child's provider regarding this medication or the conditions for which it is prescribed.
- I understand the parent/guardian/responsible adult should deliver all medication to the school.
- I understand that this consent is in effect for the current school year (including summer school).
- I consent that this treatment be provided during school hours, at after hours school sponsored events & on field trips.
- I consent to the release of the information contained in this Asthma Emergency Plan to staff members who may need to know this information to maintain my child's health and safety.
- I agree to hold the School District, its employees/ agents who are acting within the scope of their duties harmless in any and all claims arising from the administration of this medication at school.
- My signature indicated I have fully read and understood the above information.

AT THE END OF THE SCHOOL YEAR, PLEASE (circle one):

| | | |
|--|---------------------------------|--|
| Contact me to pick up remaining medication | Dispose of remaining medication | Send remaining medication home with my student |
|--|---------------------------------|--|

Parent/Guardian Signature: _____ Date: _____

TO BE COMPLETED BY THE PROVIDER: The above medication is to be administered in accordance with the above instructions and agreements. I agree to accept communication about student/medication/procedure. I understand medication may be given by non-medically trained school personnel.

This student may self-carry and self-administer medication: ☐ Yes ☐ No

Physician Signature: _____ Date: _____

Asthma First Aid:

- Remove student from the trigger
- Do not leave student alone
- Have student sit comfortably while leaning forward slightly, arms resting on thighs
- Give initial treatment and watch for improvement (typically within 5-10 minutes)
- Contact parent/guardian
- If symptoms did not improve with treatment, alert parent that student may need to seek medical attention
- If parent unable to arrive within 10 minutes, call 911 for emergency transport