

<b>Grade</b>	<b>Content</b>
<b>5th Grade</b>	<b>Always Changing and Growing (Puberty)</b>
	<b>Personality - What makes you, you</b>
	<b>Bullying/Conflict Resolution</b>
	<b>Goal Setting</b>
<b>6th grade (6 weeks)</b>	<b>Skeletal System</b>
	<b>Muscular System</b>
	<b>Respiratory System</b>
	<b>Cardiovascular System</b>
	<b>CPR/First Aid (compression only)</b>
<b>7th grade _____</b>	
<b>8th grade (6 weeks)</b>	
	<b>Mental Health</b>
	<b>Vaping / Tobacco Pockets/ Pens</b>
	<b>CPR (compressions only)</b>
	<b>Stress Management/Triggers/Sleep</b>
	<b>Reproductive System</b>
<b>9th grade (one trimester)</b>	<b>Communicable and Non-Communicable Diseases</b>
	<b>Alcohol and Tobacco - Teenage Brains and Addiction</b>
	<b>Perscription Drugs and Street Drugs</b>
	<b>Empathy / Self-Esteem / Stereotypes</b>
	<b>Human Growth and Development</b>
	<b>Mental Health</b>